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भारत सरकार
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
कर्तव्य भवन-1, नई दिल्ली-110001
Government of India
Ministry of Health & Family Welfare
Kartavya Bhawan-1, New Delhi-110001
Z.28015/71/2019-NHM-I Pt III
Dated:- 23rd April 2026

Dear *Sir / Madam,*

The Ministry of Health and Family Welfare emphasizes the importance of observing significant International and National Health Days as an opportunity to raise awareness, promote healthy behaviors, deliver focused services and strengthen community engagement for improved health outcomes. These observances provide an effective platform for disseminating key public health messages and encouraging community participation in preventive and promotive healthcare.

2. In this regard, MoHFW has prioritized a list of **46 important health days recognized nationally or internationally (list enclosed A) to be observed across all the public health facilities**. States/UTs may undertake a range of activities at public health facilities, Block/District/State health units and within the community to mark these important health days. The suggestive list of activities to be conducted is also enclosed along with.

3. Furthermore, the existing Annual Health Calendar comprising a list of 42 health related days shared via DO letter of even number dated 11th March 2022 has been reviewed. Subsequently, out of the above mentioned 42 Health Days, **30 health days (list enclosed) have been identified for active observance at the level of Ayushman Arogya Mandir (AAM) – Sub Health Centres (SHCs) and Primary Health Centres (PHCs)**. These observances are to be aligned with the broader objectives of Comprehensive Primary Health Care under AAM to strengthen preventive and promotive healthcare services. States/UTs to also ensure that details of activities conducted, including type of activity, participation and key outcomes with images, are timely recorded and reported through the AAM portal to facilitate monitoring, documentation of best practices and evidence-based monitoring.

4. I am confident that effective observance of these health days across all health facilities and communities with active involvement of front line workers and elected representatives will maximize their impact in promoting preventive health practices.

With regards,

Yours sincerely


(Sibin C.)

Encl.: As above

To,
Additional Chief Secretary/Principal Secretary/Secretary (H&FW) - All States & UTs

Copy to: Mission Director, National Health Mission - All States/UTs

Annexure A**NATIONAL DAYS**

S N	Date	Day	Week	Campaign
January				
1	24th January	The National Girl Child Day		
2	26 th January	Republic Day		
3	30th January	Anti-Leprosy Day AND World NTDs Day		
February				
4	4 th February	World Cancer Day		
5	10th February	National Deworming Day AND National Filaria Day		Unified Annual Mass Drug Administration Campaign for LF elimination
6	11 th February	International Epilepsy Day		
March				
7	3rd March	World Hearing Day		
8	8th March	International Women's Day		
9	12 th March	World Kidney Day		
10	16 th March	National Immunization Day, also called National Vaccination Day		
11	10th March	National GDM Awareness Day		
12	20th March	World Oral health Day		
13	24th March	World Tuberculosis Day		
April				
14	11th April	National Safe Motherhood Day	World Immunization Week- (Last week of April from 24 th)	
15	19 th April	World Liver Day		
16	25 th April	World Malaria Day		
May				
17	5th May	International Midwives Day		
18	12th May	International Nurse Day		
19	16 th May	National Dengue Day		
20	17th May	World Hypertension Day		
21	28th May	Menstrual Hygiene Day		
22	31st May	World No Tobacco Day		
June				
23	14th June	World Blood Donor Day		
24	19th June	World Sickle Cell Day		
25	21st June	International Day of Yoga		

S N	Date	Day	Week	Campaign
26	26th June	International Day Against Drug Abuse		Stop Diarrhoea Campaign-June and July
July				
27	1 st July	Doctor's Day		Anti-Dengue Month - July
28	11 th July	World Population Day	World Population Week (11 th July-17 th July)	STOP DIARRHOEA CAMPAIGN-June and July
29	28 th July	World Hepatitis Day		
August				
30	10th August	National Deworming Day	World Breastfeeding Week (1st August-7th August)	
31	15th August	Independence Day		
September				
32	10th September	World Suicide Prevention Day		National Nutrition Month (including National Nutritional Week - 1st to 7th Sep)
33	17 th September	World Patient Safety Day		
34	28th September	International Safe Abortion Day <u>AND</u> World Rabies Day		
35	29th September	World Heart Day		
October				
36	1st October	World Elderly Day		
37	10th October	World Mental Health Day		
38	11th October	International Day of Girl Child		
39	29 th October	World Stroke Day		
November				
40	7th November	National Cancer Awareness Day		
41	12 th November	World Pneumonia Day	SAANS Campaign (from 12 th November- 28/29 February February) <u>AND</u>	Vasectomy Fortnight (12th November to 4th December)
42	14th November	World Diabetes Day	Newborn Week (15th November-21st November)	
43	17 th November	World Prematurity Day		
44	3 rd Wednesday of November	World COPD Day		
December				
45	1st December	World AIDS Day		
46	3 rd December	International Day of Persons with Disabilities		

Annexure B**AYUSHMAN AROGYA MANDIR (AAM) SPECIFIC DAYS**

SN	Date	Day	Week	Campaign
January				
1	24th January	The National Girl Child Day		
2	26 th January	Republic Day		
3	30th January	Anti-Leprosy Day		
February				
4	10th February	National Deworming Day And National Filaria Day		Unified Annual Mass Drug Administration Campaign for LF elimination
March				
5	3rd March	World Hearing Day		
6	12th March	World Kidney Day		
7	20th March	World Oral health Day		
8	24th March	World Tuberculosis Day		
April				
9	11th April	National Safe Motherhood Day	World Immunization week (Last week of April from 24th)	
10	25 th April	World Malaria Day		
May				
11	16 th May	National Dengue Day		
12	17 th May	World Hypertension Day		
13	28th May	Menstrual Hygiene Day		
14	31st May	World No Tobacco Day		
June				
15	19th June	World Sickle Cell Day		Stop Diarrhoea Campaign- June and July
16	21st June	International Day of Yoga		
17	26th June	International Day Against Drug Abuse		
July				
18	11 th July	World Population Day	World Population Week (11 th July-17 th July)	Stop Diarrhoea Campaign- June and July
19	28 th July	World Hepatitis Day		
August				
20	10th August	National Deworming Day	World Breastfeeding Week (1st August- 7th August)	
21	15th August	Independence Day		
September				
22	17 th September	World Patient Safety Day	National Nutrition Month	
23	28th September	International Safe Abortion Day		

SN	Date	Day	Week	Campaign
		AND World Rabies Day	(including National Nutrition Week-1st Sept-7th Sept)	
24	29th September	World Heart Day		
October				
25	1st October	World Elderly Day		
26	10th October	World Mental Health Day		
November				
27	7th November	National Cancer Awareness Day	SAANS Campaign (from 12 th November- 28/29 February) AND National Newborn Week (15th Nov-21st Nov)	Vasectomy Fortnight (12th November to 4th December)
28	14th November	World Diabetes Day		
29	3 rd Wednesday of November	World COPD Day		
December				
30	1st December	World AIDS Day		

List of suggestive activities to be conducted

S.No.	Activity
1	Health facilities may organize health awareness sessions based on the theme of the respective health day; display IEC materials highlighting key health messages; conduct health talks by Medical Officers, Community Health Officers and other healthcare providers.
2	Conduct screening for priority conditions such as Non-Communicable Diseases (NCDs), TB symptoms, hypertension, diabetes and other relevant conditions and provide counseling on healthy lifestyle practices including tobacco cessation, balanced diet, physical activity and mental well-being.
3	Community-level activities may include awareness drives, rallies and outreach initiatives through ASHAs, ANMs and other front line workers; dissemination of health messages through local media, social media and public announcements; school awareness sessions.
4	Organization of outreach screening camps and preventive health services; village-level meetings with active involvement of community-based platforms and community interactions involving Panchayati Raj Institutions (PRIs), Self-Help Groups (SHGs) and local community leaders and encouraging Jan Bhagidari to enhance community awareness and adoption of healthy practices.
