



# Introduction to Oral Health

For MO





# ORAL MANIFESTATION OF COMMON DISEASES

- Yellowish appearance in case of Jaundice
- Mucosal Pallor in case of Anemia
- Dry mouth in dehydration
- Angular cheilitis, cheilosis, Burning mouth, atrophic glossitis, bleeding gums in Vit B complex, and Vit- C deficiency
- Increased gingival and periodontal problems in Diabetic individuals
- Necrotic gingivitis in cases of HIV
- Gingival hypertrophy, hyperplasia in leukemia





# ORAL HEALTH

“Oral health is a key indicator of overall health, well-being, and quality of life”

Being free of:

- Chronic oral-facial pain conditions
- Oral and pharyngeal cancers
- Oral soft tissue lesions
- Birth defects such as cleft lip and palate
- Other Cranio-facial defects





# COMMON ORAL DISEASES

Periodontal disease

Dental caries

Tooth loss

Oral cancer

Oro-dental trauma

Birth defects such as cleft lip and palate

Oral manifestations of HIV infection



COMMON ORAL DISEASES





# GLOBAL BURDEN

- Oral diseases affect nearly 3.5 billion people
- 530 million children suffer from dental caries of primary teeth
- Periodontal disease, is also very common, with almost 10% of the global population affected
- Oral cancer is one of the three most common cancers



# IMPACT OF ORAL DISEASES

“Health has defined the complete state of physical, mental, and social well-being and not merely the absence of disease and infirmity”

## Physical well-being :

Ability to perform routine activities like eating, speaking, bathing, dressing, and moving around.

**Mental well-being:** cognitive faculties are intact and there is no burden of fear, anxiety, stress, depression, or other negative emotions.

**Social wellbeing:** Relates to one’s ability to participate in society, fulfilling roles as a family member, friend, worker, or a citizen, or in other ways engaging in interactions with others

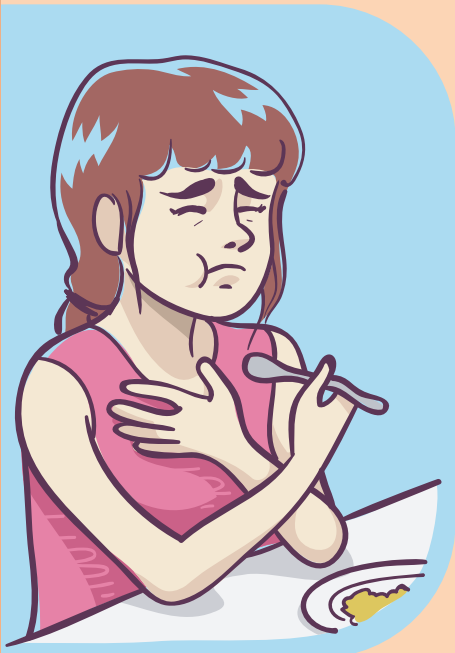


IMPACT OF ORAL DISEASES

# IMPACT OF ORAL DISEASES



- Pain
- Difficulty in Chewing, speaking
- Tooth loss
- Impaired dietary intake
- Increased Out of Pocket expenditure
- Absenteeism in school and workplace
- Death in rare cases







# PREVENTION OF ORAL DISEASES

- Aware the population to brush twice daily for two minutes each time
- Sensitize people to change brush in every 3 months or as soon as it frays
- Promote a well-balanced diet low in free sugars and high in fruit and vegetables
- Advice each individual to stop the use of all forms of tobacco, including chewing areca nuts, and reduce alcohol consumption
- Encourage the use of protective equipment when doing sports and traveling on bicycles and motorcycles (to reduce the risk of facial injuries).







# Thank You

