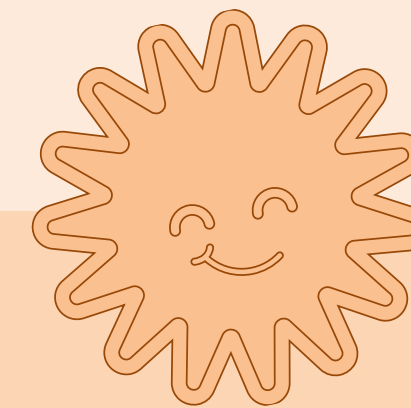




# Care for Special Target Groups

## For FLW





# LEARNING OBJECTIVES

- To know about Special Target Groups
- To understand their role in providing oral health care to these special groups





# SPECIAL TARGET GROUPS



Special attention to be given to:

Pregnant mothers

Infant and children

Old age people

Medically compromised/Hospitalized individuals



SPECIAL TARGET GROUPS







# PREGNANT MOTHERS

## Why?

- Hormonal changes in the body and their effects on gums lead to inflammation, swelling and bleeding from the gums
- If gum diseases are neglected, it may also affect the baby, leading to low birth weight and preterm baby
- Tobacco and alcohol consumption during pregnancy leads to cleft lip and palate





# YOUR ROLE



- Instruct the pregnant women about the possible oral health problems during pregnancy
- Identify the oral health problems and refer to the nearest dentist



- Brushing with soft tooth brush with pea size amount of tooth paste twice daily
- Rinsing mouth thoroughly with water after every meal
- Rinsing of mouth with warm salt water in case of bleeding gums
- Avoid self-medication for tooth pain/swelling in pregnancy
- Eat a variety of healthy foods, such as fruits; vegetables, cereals, milk, unsweetened yogurt, Meat, fish, chicken, eggs, beans, and nuts etc.
- Do not eat foods high in sugar like candy, cookies, cake, and dried fruit, and cold drink & artificial juices.
- Visit to the dentist for general check-up in first and third trimester of pregnancy







# INFANTS AND CHILDREN

## Why?

- The continuous presence of milk /sweetened milk or food in the mouth.
- Attempt to introduce oral hygiene in early life
- Irritability and problems when teeth begin to erupt
- Educate about gum pad cleaning- Gum pads are seen in the mouth of infants/babies
- Steps for gum pad cleaning-The mother must be instructed as follows:
  - Wash hands with soap and water
  - Prepare a clean, moist, soft cotton cloth
  - Wrap the cloth around the forefinger and damp it in the drinking water
  - Gently put your finger inside your baby's mouth
  - Wipe the upper and then lower gum pad once
  - The gum pad cleaning has to be done after the last feed





TEETH



- Residual milk should not be left in the mouth.
- Mothers must be instructed to start cleaning teeth using a baby toothbrush with drinking water once the first teeth begin to erupt

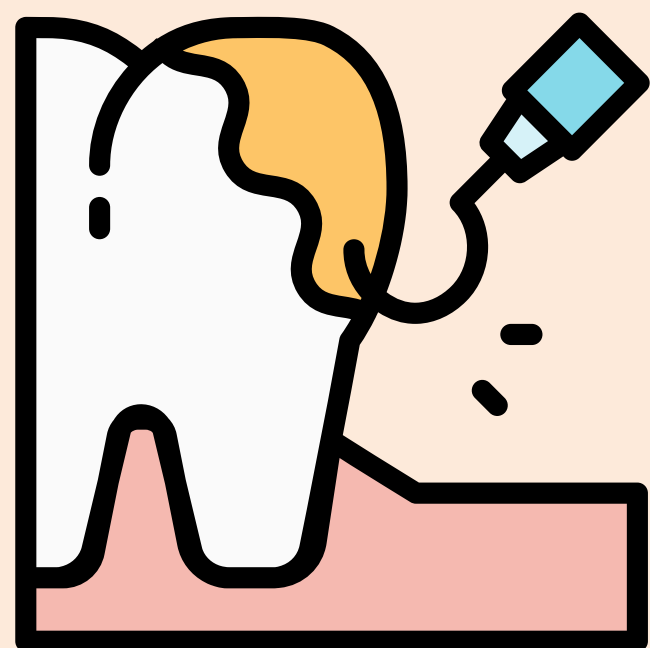
## Teething

- Mothers must also be advised on teething
- This is the normal phenomenon seen during the eruption of teeth
- The baby tends to get irritable, begins biting on hard objects
- Gastric disturbances and diarrhea are common during this phase
- The mothers must be instructed to give raw carrot/apple for the baby to bite on
- A soft toothbrush may also be given to the baby to make them get used to the feel of a brush while the teeth begin to erupt

# YOUR ROLE



- Educate on gum pad cleaning



- Counselling of parents on teething
- Advice on tooth brushing when the first tooth erupts
- Advise on moderating the consumption of sugary snacks like sweet, jaggery etc.
- Advise the parents on assisting the child's tooth brushing till 3 years of age
- Advise on supervising the child's tooth brushing between 3-7 years of age





# OLD PEOPLE

## Why?

- Impact of systemic diseases
- Intake of medicines
- Changes in bone, teeth, and gums during aging
- Loss of teeth due to weakening of the bone and receding of gum margins





# YOUR ROLE



- Identify problems like:
- Missing teeth, broken teeth only roots remaining/sharp teeth
- Denture related issues
- Pain and swelling of gums
- Sensitivity to hot/cold food chewing problems



- Advise on consulting dentist
- Advise replacement of missing teeth
- Advise consulting the medical officer for systemic diseases
- Advise correction of faulty dentures
- Advice care for dentures:
  - Clean dentures
  - Leave dentures in water when not in use
  - Always remove dentures at night and place them in a clean water and a container
  - Change the water daily





# MEDICALLY COMPROMISED/ HOSPITALIZED INDIVIDUAL

## Why?

- Impact of hospitalization
- Lack of oral hygiene during the period of hospitalization
- Change in diet and feeding patterns
- Impact on underlying systemic diseases
- Inability to maintain oral hygiene as seen in disabled /special children







# YOUR ROLE

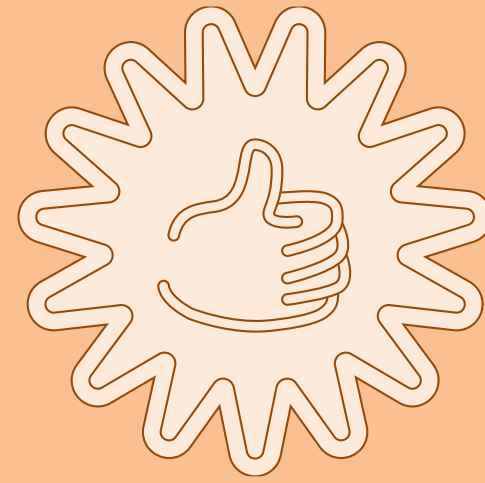


- Identify and educate on the common dental problems that may occur
- Educate on tooth brushing
- Educate the caregiver on the importance of oral hygiene



- Advise on massaging gums and rinsing mouth thoroughly if tooth brushing is not possible
- Advise the caregiver on giving a healthy diet
- Advise regular check-up by the dentist
- Advise on consulting the doctor to understand the impact of medications on oral health





# QUESTION/ANSWER:

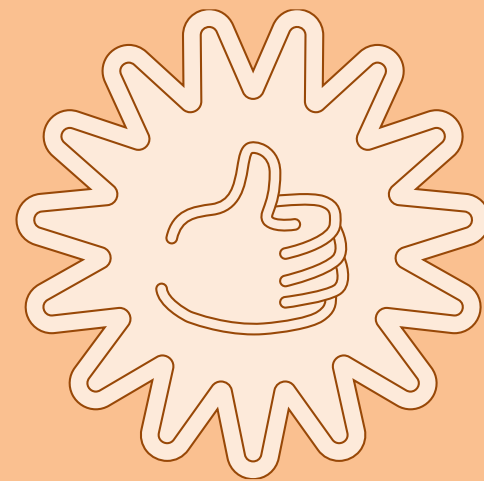
**Q – What are four special attention groups?**

**A – 1-----**

**2-----**

**3-----**

**4-----**



# QUESTION/ANSWER:

**Q – What are four special attention groups?**

**A – 1 Pregnant mother**

**2 Infants and children**

**3 Old age people**

**4 Medically compromised/Hospitalized Individuals**





# Thank You

