Tuberculosis Treatment and Management: An ASHA's Role

- Educating the community about measures for tuberculosis prevention and treatment, including the importance of a nutritious diet, personal hygiene, and the need for prompt and complete treatment.
- Serving as the DOTS provider in the village.
- Motivating tuberculosis patients to take appropriate and complete treatment.
- Helping patients access drugs from the health facility and deal with any side effects.
- Encouraging patients to take adequate rest and a nourishing diet during the course of treatment.
- Counselling patients and their families about the precautions to be taken to prevent the spread of TB in the family.
- Monitoring health of patients' family members and ensuring prompt referral if any signs of TB are observed.
- Ensuring that all newborns are immunised in time.
- Informing the health facility about any previous treatment taken by a patient who has a relapse.
- Counselling women about the need to take contraceptive measures during the course of treatment, and advising them on what methods would be appropriate.