Stages of Labour

1st Stage of Labour (Lasts about 8 – 12 hours till the womb is completely open)

- Pregnant woman
- Mouth of the womb is almost closed and thick
- Mouth of the womb is thinner and is opening a little
- Mouth of the womb is fully open, water bag breaks

2nd Stage of Labour (Contractions push the baby out of the womb)

- Baby moves down the birth canal until the baby's head is showing
- The head is delivered
- After the head is delivered the shoulders come out
- The rest of the body of the baby is delivered

3rd Stage of Labour (Delivery of the placenta)

- Contractions cause the placenta to separate out from the uterus and be pushed out